



COLUMBIA UNIVERSITY

*College of Physicians
and Surgeons*

3rd Annual Course

**INTEGRATIVE
PAIN
MEDICINE**

**Friday & Saturday
April 16 & 17, 2004**

at

**Columbia University Medical Center
New York, New York**

Sponsored by

**COLUMBIA UNIVERSITY
COLLEGE OF PHYSICIANS & SURGEONS
Department of Rehabilitation Medicine**

and

**The Richard and Hinda Rosenthal Center for
Complementary & Alternative Medicine**

COURSE DIRECTORS

James N. Dillard, M.D., D.C., C.Ac.

Fredi Kronenberg, Ph.D.

GUEST FACULTY

Joseph F. Audette, M.D., *Director, Outpatient Pain Services*, Spaulding Rehabilitation Hospital; *Instructor*, Harvard University, Boston, Massachusetts

Brian Berman, M.D., *Professor of Family Medicine*, University of Maryland School of Medicine; *Director*, Center for Integrative Medicine, University of Maryland Medical Center, Baltimore, Maryland

Avital Fast, M.D., *Professor and Chairman*, Department of Rehabilitation Medicine, Albert Einstein College of Medicine, Montefiore Medical Center, Bronx, New York

Jon Kabat-Zinn, Ph.D., *Professor of Medicine Emeritus*, University of Massachusetts Medical School, Worcester, Massachusetts

Alexander Mauskop, M.D., *Director*, New York Headache Center, New York, New York; *Associate Professor of Clinical Neurology*, SUNY-Downstate Medical Center, Brooklyn, New York

Richard Payne, M.D., *Attending Neurologist and Chief*, Pain & Palliative Care Service, Memorial Sloan-Kettering Cancer Center, New York, New York

Russell K. Portenoy, M.D., *Professor of Neurology*, Albert Einstein College of Medicine; *Chairman*, Department of Pain Medicine and Palliative Care, Beth Israel Medical Center, New York, New York

David Riley, M.D., *Clinical Associate Professor*, University of New Mexico Medical School; *Medical Research Director*, Integrative Medicine Institute; *Editor-in-Chief*, *Alternative Therapies in Health and Medicine*, Santa Fe, New Mexico

Wendy Smith, Ph.D., *Program Director*, Research Development and Support Program, Office of Cancer Complementary and Alternative Medicine, National Cancer Institute, Rockville, Maryland

COLUMBIA UNIVERSITY MEDICAL CENTER FACULTY

James N. Dillard, M.D., D.C., C.Ac., *Assistant Clinical Professor*, Department of Rehabilitation Medicine

Ruth L. Fischbach, Ph.D., M.P.E., *Professor of Bioethics*; *Director*, Center for Bioethics

Loren M. Fishman, M.D., *Assistant Clinical Professor*, Department of Rehabilitation Medicine

Kenneth S. Gorfinkle, Ph.D., *Assistant Clinical Professor of Psychiatry*

Fredi Kronenberg, Ph.D., *Professor of Clinical Physiology*, Department of Rehabilitation Medicine; *Director*, The Richard and Hinda Rosenthal Center for Complementary & Alternative Medicine

Jon Alan Levinson, M.D., *Associate Clinical Professor of Psychiatry*

James S. Lieberman, M.D., *HK Corning Professor of Rehabilitation Medicine*; *Chairman*, Department of Rehabilitation Medicine

John Martin, Ph.D., *Professor of Clinical Neurobiology & Behavior in Psychiatry and Neurobiology & Behavior*

Woodson C. Merrell, M.D., *Executive Director*, The Continuum Center for Health and Healing; *Assistant Clinical Professor of Medicine*

Constance M. Park, M.D., Ph.D., *Clinical Associate Professor of Medicine*, Department of Medicine; *Education Director*, The Richard and Hinda Rosenthal Center for Complementary & Alternative Medicine

William Schechter, M.D., *Associate Clinical Professor of Anesthesiology & Pediatrics*

Nomita Sonty, Ph.D., *Assistant Clinical Professor of Anesthesiology & Psychiatry*

Michael L. Weinberger, M.D., *Associate Clinical Professor of Anesthesiology*; *Medical Director*, Anesthesia Pain Center

PROGRAM DESCRIPTION & OBJECTIVES

Chronic pain disables almost 50 million Americans. It is one of the most under-treated conditions we have in modern health care. Recent studies have also demonstrated that the number one reason why people use Complementary and Alternative Medicine (CAM) is for pain.

There is very little teaching about conventional pain medicine at either the undergraduate, post-graduate, or continuing medical education levels, and even less about how common CAM therapies can appropriately be woven into modern pain medicine and clinical practice.

In addition, new clinical pain management standards from the Joint Commission (JCAHO) specifically mandate the availability of non-pharmacological therapies for pain in U.S. hospitals, and refer to CAM therapies as appropriate adjuncts for pain treatment.

The purpose of this course will be to give an evidence-based overview of pain medicine using an integrative model design to modify pain by combining the most successful of conventional medicines and procedures with the best of the CAM therapies.

At the end of this two-day course, participants should be able to:

- understand the fundamentals of modern pain medicine
- describe some of the best, CAM therapies for use in pain management, and the research data that exist to support them
- know how to identify and evaluate competent CAM practitioners, and have a sense of how to interact with these practitioners
- be knowledgeable about the practical integration of useful CAM therapies into the treatment of patients with both cancer and non-cancer pain

ACCREDITATION

The College of Physicians & Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The College of Physicians & Surgeons designates this educational activity for a maximum of **14.0 hours in category 1 credit** toward the AMA Physician's Recognition Award.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity. The College of Physicians & Surgeons must ensure balance, independence, objectivity, and scientific rigor in its educational activities.

All faculty participating in this activity are required to disclose to the audience any significant financial interest and/or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in his/her presentation and/or the commercial contributor(s) of this activity.

Saturday, April 17, 2004 *Continued*

- 9:30 a.m. Manual Therapies for Pain
..... **James N. Dillard, M.D., D.C., C.Ac.**
- 10:15 a.m. Bioenergetic Therapies for Pain **David Riley, M.D.**
- 10:35 a.m. *Refreshment Break*
- 10:55 a.m. Evidence for Therapeutic Effects of Yoga
..... **David Riley, M.D.**
- 11:15 a.m. Yoga and Other Active Therapies for Pain
..... **Loren M. Fishman, M.D.**
- 11:40 p.m. Panel Discussion and Questions
- 12:00 p.m. *Luncheon and Bookstore*
- 1:00 p.m. Acupuncture for Pain
..... **Brain Berman, M.D.**
- 1:50 p.m. Psychological Evaluation of Pain
..... **Nomita Sonty, Ph.D.**
- 2:15 p.m. Psychiatric Approach to Pain
..... **Jon Levenson, M.D.**
- 2:40 p.m. *Refreshment Break*
- 3:00 p.m. Medical Approach to Pediatric Pain
..... **William Schechter, M.D.**
- 3:20 p.m. Interdisciplinary Approach to Pediatric Pain
..... **Kenneth S. Gorfinkle, Ph.D.**
- 3:50 p.m. Integration of Complementary Alternative Medicine
Therapies in a Pain Center **Joseph F. Audette, M.D.**
- 4:30 p.m. Panel Discussion and Questions
- 5:00 p.m. *Adjourn*

FOR ADDITIONAL INFORMATION

Contact: Center for Continuing Education
Columbia University
College of Physicians & Surgeons
630 West 168th Street, Unit 39
New York, NY 10032
Telephone: (212) 305-3334
Fax: (212) 781-6047
e-mail: cme@columbia.edu
<http://ColumbiaCME.org>

TUITION

Physicians: \$395; Columbia University & Cornell University Alumni Associates: \$295; NY Presbyterian Hospital Network Physicians: \$295; *Fellows & *Residents in training: \$195 (* with a letter from program director certifying status); Other Health Professionals: \$195. The fee includes the academic presentations, daily continental breakfast and refreshments, two luncheons and a course syllabus. Confirmation of registration and directions to the medical center will be sent upon receipt of the registration form.

Refund of the registration fee, less a \$25 administrative charge, will be made if written notice of cancellation is received by **April 6, 2004**. No refunds can be made thereafter.

MEETING LOCATION

Hammer Health Sciences Building
Columbia University Medical Center
701 West 168th Street, Room 401
New York, New York 10032

Parking is available at the Columbia Presbyterian Medical Center parking lot located on the southwest corner of Fort Washington Avenue and West 165th Street, one block south of the Hammer Building.

HOTEL ACCOMMODATIONS

A block of rooms has been reserved at the Lucerne Hotel, at the special rate of \$150 per night plus state & local taxes. These special room rates are available to the course attendees from April 15 - 17, 2004. Other rates and conditions may apply. Additional information can be obtained by calling the Lucerne directly.

Reservations should be made directly with the Lucerne by calling (800) 492-8122. To receive these room rates remember to mention that you are a registrant of the Columbia University Group #159680. Rooms will be held until March 14, 2004 or until the room block has been exhausted, whichever comes first.

Reservations received after the cut-off date are subject to availability and prevailing rates. Early reservations are encouraged.

The Lucerne New York

201 West 79th Street
New York, NY 10024

Tel: (212) 875-1000

Reservations: (800) 492-8122

Single/Double: \$150

Cut-Off: March 14, 2004

Complimentary bus service will be provided between the conference center and the hotel listed above for each day of the program. Please check the box on the registration form to reserve space for this service.

REGISTRATION

SPACE IS LIMITED. EARLY REGISTRATION IS ENCOURAGED.

By Mail: Complete the registration form, and mail with full payment to:
**Columbia University College of Physicians & Surgeons
Center for Continuing Education
630 West 168th Street, Unit 39, New York, NY 10032**

By Fax: Registrants may fax the registration form with credit card information to: (212) 781-6047.

On-Line: <http://ColumbiaCME.org>
Telephone registrations and/or cancellations are not accepted.

**COLUMBIA UNIVERSITY
Continuing Education Registration Form**

**INTEGRATIVE PAIN MEDICINE
(Please Print or Type)**

Name _____
Last First Middle

Address _____
Street

2nd Address Line

City State Zip Country

Daytime Phone (_____) _____ Fax (_____) _____

Institution _____ E-mail _____

Degree MD DO PhD PharmD RN NP PA Other _____

Specialty/Area of Interest _____

The registration of the undersigned and his/her continuance upon the rolls are subject to all rules and provisions set forth in the statutes and announcements of the University.

Date _____ Signature _____

- \$395 Physicians Public Health 34 (04)
- \$295 University Alumni Associates April 16 & 17, 2004
- \$295 NY Presbyterian Hospital Network Physicians 243/14.0
- \$195 Residents & Fellows (In training with a letter from program director)
- \$195 Other Health Professionals

Enclosed is a check or money order made payable to Columbia University.
Checks must be in U.S. Dollars drawn on a U.S. bank. Money Orders must be in U.S. Dollars.

Please charge to: MasterCard Visa Exp. Date _____

Card Number _____

Cardholder's Name _____

Cardholder's Signature _____

Transportation I will will not utilize the bus service.

How did you learn of this course? Mailed Brochure Word of Mouth

Journal/Newsletter; specify _____

Posted Announcement; location _____

Other; specify _____
