



**NewYork-Presbyterian**  
The University Hospitals of Columbia and Cornell

*2nd Annual Course*

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# **INTEGRATIVE PAIN MEDICINE**

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**Friday & Saturday,  
May 16 & 17, 2003**

*at*

**Columbia-Presbyterian Medical Center  
New York, New York**

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*Sponsored by*

**COLUMBIA UNIVERSITY  
COLLEGE OF PHYSICIANS & SURGEONS  
Department of Rehabilitation Medicine**

*and*

**The Richard and Hinda Rosenthal Center for  
Complementary & Alternative Medicine**

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## ***COURSE DIRECTORS***

**James N. Dillard, M.D., D.C., C.Ac.**

**Fredi Kronenberg, Ph.D.**

## ***GUEST FACULTY***

**Jeanne Achterberg, Ph.D.,** *Professor*, Saybrook Graduate School, San Francisco, California

**Joseph F. Audette, M.D.,** *Director, Outpatient Pain Services*, Spaulding Rehabilitation Hospital; *Instructor*, Harvard University, Boston, Massachusetts

**Brian Berman, M.D.,** *Professor of Family Medicine*, University of Maryland School of Medicine; *Director*, Center for Integrative Medicine, University of Maryland Medical Center, Baltimore, Maryland

**Avital Fast, M.D.,** *Professor and Chairman*, Department of Rehabilitation Medicine, Albert Einstein College of Medicine, Bronx, New York

**Alexander Mauskop, M.D.,** *Director*, New York Headache Center, New York, New York; *Associate Professor of Clinical Neurology*, SUNY-Downstate Medical Center, Brooklyn, New York

**Richard Payne, M.D.,** *Attending Neurologist and Chief*, Pain & Palliative Care Service, Memorial Sloan-Kettering Cancer Center, New York, New York

**Russell K. Portenoy, M.D.,** *Professor of Neurology*, Albert Einstein College of Medicine; *Chairman*, Department of Pain Medicine and Palliative Care, Beth Israel Medical Center, New York, New York

**David Riley, M.D.,** *Clinical Associate Professor*, University of New Mexico Medical School; *Medical Research Director*, Integrative Medicine Institute; *Editor-in-Chief*, *Alternative Therapies in Health and Medicine*, Santa Fe, New Mexico

**Wendy Smith, Ph.D.,** *Program Director*, Research Development and Support Program, Office of Cancer Complementary and Alternative Medicine, National Cancer Institute, Rockville, Maryland

## ***COLUMBIA UNIVERSITY FACULTY***

**James N. Dillard, M.D., D.C., C.Ac.,** *Assistant Clinical Professor*, Department of Rehabilitation Medicine

**Ruth L. Fischbach, Ph.D., M.P.E.,** *Professor of Bioethics; Director*, Center for Bioethics

**Loren M. Fishman, M.D.,** *Assistant Clinical Professor*, Department of Rehabilitation Medicine

**Kenneth S. Gorfinkle, Ph.D.,** *Assistant Clinical Professor of Psychiatry*

**Fredi Kronenberg, Ph.D.,** *Professor of Clinical Physiology*, Department of Rehabilitation Medicine; *Director*, The Richard and Hinda Rosenthal Center for Complementary & Alternative Medicine

**James S. Lieberman, M.D.,** *HK Corning Professor of Rehabilitation Medicine; Psychiatrist in Chief*, New York Presbyterian Hospital

**John Martin, Ph.D.,** *Professor of Clinical Neurobiology & Behavior in Psychiatry and Neurobiology & Behavior*

**Woodson C. Merrell, M.D.,** *Executive Director*, The Continuum Center for Health and Healing; *Assistant Clinical Professor of Medicine*

**Constance M. Park, M.D., Ph.D.,** *Clinical Associate Professor of Medicine*, Department of Medicine; *Education Director*, The Richard and Hinda Rosenthal Center for Complementary & Alternative Medicine

**Nomita Sonty, Ph.D.,** *Assistant Clinical Professor of Anesthesiology & Psychiatry*

**Michael L. Weinberger, M.D.,** *Assistant Professor of Anesthesiology; Medical Director*, Anesthesia Pain Center

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## ***PROGRAM DESCRIPTION & OBJECTIVES***

Chronic pain disables almost 50 million Americans. It is one of the most under-treated conditions we have in modern health care. Recent studies have also demonstrated that the number one reason why people use Complementary and Alternative Medicine (CAM) is for pain.

There is very little teaching about conventional pain medicine at either the undergraduate, post-graduate, or continuing medical education levels, and even less about how common CAM therapies can appropriately be woven into modern pain medicine and clinical practice.

In addition, new clinical pain management standards from the Joint Commission (JCAHO) specifically mandate the availability of non-pharmacological therapies for pain in U.S. hospitals, and refer to CAM therapies as appropriate adjuncts for pain treatment.

The purpose of this course will be to give an evidence-based overview of pain medicine using an integrative model design to modify pain by combining the most successful of conventional medicines and procedures with the best of the CAM therapies.

At the end of this two-day course, participants should be able to:

- understand the fundamentals of modern pain medicine
- describe some of the best, CAM therapies for use in pain management, and the research data that exist to support them
- know how to identify and evaluate competent CAM practitioners, and have a sense of how to interact with these practitioners
- be knowledgeable about the practical integration of useful CAM therapies into the treatment of patients with both cancer and non-cancer pain

## ***ACCREDITATION***

The College of Physicians & Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

The College of Physicians & Surgeons designates this educational activity for a maximum of **14.0 hours in category 1 credit** toward the AMA Physician's Recognition Award.

Each physician should claim only those hours of credit that he/she actually spent in the educational activity. The College of Physicians & Surgeons must ensure balance, independence, objectivity, and scientific rigor in its educational activities.

All faculty participating in this activity are required to disclose to the audience any significant financial interest and/or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in his/her presentation and/or the commercial contributor(s) of this activity.

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## Friday, May 16, 2003

- 7:00 a.m. *Registration & Continental Breakfast*
- 8:00 a.m. Introduction . . . . . **James N. Dillard, M.D., D.C., C.Ac.**  
**Fredi Kronenberg, Ph.D.**  
**& James S. Lieberman, M.D.**
- 8:10 a.m. The Human Context of Pain  
. . . . . **Ruth L. Fischbach, Ph.D., M.P.E.**
- 8:20 a.m. The Neurobiology of Pain . . . . . **John Martin, Ph.D.**
- 8:50 a.m. Current Pain Pharmacology  
. . . . . **Russell K. Portenoy, M.D.**
- 9:50 a.m. Current Conventional Pain Medicine  
in the Cancer Setting . . . . . **Richard Payne, M.D.**
- 10:35 a.m. *Refreshment Break*
- 11:00 a.m. Acupuncture and Chinese Medicine for Pain  
. . . . . **Brian Berman, M.D.**
- 11:45 a.m. Panel Discussion and Questions
- 12:15 p.m. *Luncheon*
- 1:30 p.m. Review of Invasive Procedures and  
Devices in Pain Medicine  
. . . . . **Michael L. Weinberger, M.D.**
- 2:15 p.m. Psychological Evaluation of Pain  
. . . . . **Nomita Sonty, Ph.D.**
- 3:00 p.m. Mind/Body Medicine for Pain  
. . . . . **Jeanne Achterberg, Ph.D.**
- 3:45 p.m. *Refreshment Break*
- 4:05 p.m. Nutritional Strategies for Pain  
. . . . . **Woodson C. Merrell, M.D.**
- 4:50 p.m. Research & Funding Opportunities in  
Pain Medicine at NCI . . . . . **Wendy Smith, Ph.D.**
- 5:05 p.m. Panel Discussion and Questions
- 5:30 p.m. *Reception*

## Saturday, May 17, 2003

- 7:30 a.m. *Registration & Continental Breakfast*
- 8:30 a.m. Announcements . . . . . **James N. Dillard, M.D., D.C., C.Ac.**  
**& Fredi Kronenberg, Ph.D.**
- 8:40 a.m. The Bioethics of Pain  
. . . . . **Ruth L. Fischbach, Ph.D., M.P.E.**
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**Saturday, May 17, 2003** *Continued*

- 9:00 a.m. Manual Therapies for Pain  
..... **James N. Dillard, M.D., D.C., C.Ac.**
- 9:45 a.m. Physical Therapies and TENS for Pain  
..... **Avital Fast, M.D.**
- 10:30 a.m. *Refreshment Break*
- 10:50 a.m. Bioenergetic Therapies for Pain  
..... **David Riley, M.D.**
- 11:30 a.m. Yoga and Other Active Therapies for Pain  
..... **Loren M. Fishman, M.D.**
- 12:15 p.m. Panel Discussion and Questions
- 12:30 p.m. *Luncheon and Bookstore*
- 1:30 p.m. An Integrative Medicine Approach to Headache  
..... **Alexander Mauskop, M.D.**
- 2:15 p.m. Pain and the Placebo Effect:  
A Neuroimaging Effect  
..... **Constance M. Park, M.D., Ph.D.**
- 2:45 p.m. *Refreshment Break*
- 3:00 p.m. Interdisciplinary Approach to Pediatric Pain  
..... **Kenneth S. Gorfinkle, Ph.D.**
- 3:45 p.m. Integration of Complementary Alternative Medicine  
Therapies in a Pain Center  
..... **Joseph F. Audette, M.D.**
- 4:30 p.m. Panel Discussion and Questions
- 5:00 p.m. *Adjourn*

***FOR ADDITIONAL INFORMATION***

Contact: Center for Continuing Education  
Columbia University  
College of Physicians & Surgeons  
630 West 168th Street, Unit 39  
New York, NY 10032

Telephone: (212) 305-3334

Fax: (212) 781-6047

e-mail: [cme@columbia.edu](mailto:cme@columbia.edu)

<http://ColumbiaCME.org>

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## ***TUITION***

Physicians: \$395; Columbia University & Cornell University Alumni Associates: \$325; NY Presbyterian Hospital Network Physicians: \$325; \*Fellows & \*Residents in training: \$295 (\* with a letter from program director certifying status); Other Health Professionals: \$295. The fee includes the academic presentations, daily continental breakfast and refreshments, two luncheons and a course syllabus. Confirmation of registration and directions to the medical center will be sent upon receipt of the registration form.

Refund of the registration fee, less a \$25 administrative charge, will be made if written notice of cancellation is received by **May 7, 2003**. No refunds can be made thereafter.

## ***MEETING LOCATION***

Hammer Health Sciences Building  
Columbia-Presbyterian Medical Center  
701 West 168th Street, Room 401  
New York, New York 10032

Parking is available at the Columbia Presbyterian Medical Center parking lot located on the southwest corner of Fort Washington Avenue and West 165th Street, one block south of the Hammer Building.

## ***HOTEL ACCOMMODATIONS***

A block of rooms has been reserved at the Lucerne Hotel, at the special rate of \$180 per night plus state & local taxes. These special room rates are available to the course attendees from May 15 - 18, 2003. Other rates and conditions may apply. Additional information can be obtained by calling the Lucerne directly.

Reservations should be made directly with the Lucerne by calling (800) 492-8122. To receive these room rates remember to mention that you are a registrant of the Columbia University Group # 131773. Rooms will be held until April 14, 2003 or until the room block has been exhausted, whichever comes first.

Reservations received after the cut-off date are subject to availability and prevailing rates. Early reservations are encouraged.

**The Lucerne New York**  
201 West 79<sup>th</sup> Street  
New York, NY 10024

Tel: (212) 875-1000

Reservations: (800) 492-8122  
Single/Double: \$180

Cut-Off: April 14, 2003

Complimentary bus service will be provided between the conference center and the hotel listed above for each day of the program. Please check the box on the registration form to reserve space for this service.

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**REGISTRATION**

***SPACE IS LIMITED. EARLY REGISTRATION IS ENCOURAGED.***

**By Mail:** Complete the registration form, and mail with full payment to:  
**Columbia University College of Physicians & Surgeons  
Center for Continuing Education  
630 West 168th Street, Unit 39, New York, NY 10032**

**By Fax:** Registrants may fax the registration form with credit card information to: (212) 781-6047.

**On-Line:** <http://ColumbiaCME.org>  
**Telephone registrations and/or cancellations are not accepted.**

**COLUMBIA UNIVERSITY  
Continuing Education Registration Form**

**INTEGRATIVE PAIN MEDICINE  
(Please Print or Type)**

Name \_\_\_\_\_  
*Last First Middle*

Address \_\_\_\_\_  
*Street*

\_\_\_\_\_  
*2<sup>nd</sup> Address Line*

\_\_\_\_\_  
*City State Zip Country*

Daytime Phone ( \_\_\_\_\_ ) \_\_\_\_\_ Fax ( \_\_\_\_\_ ) \_\_\_\_\_

Institution \_\_\_\_\_ E-mail \_\_\_\_\_

Degree  MD  DO  PhD  PharmD  RN  NP  PA  Other \_\_\_\_\_

Specialty/Area of Interest \_\_\_\_\_

The registration of the undersigned and his/her continuance upon the rolls are subject to all rules and provisions set forth in the statutes and announcements of the University.

Date \_\_\_\_\_ Signature \_\_\_\_\_

\$395 Physicians Public Health 34 (03)

\$325 University Alumni Associates May 16 & 17, 2003

\$325 NY Presbyterian Hospital Network Physicians 165/14.0

\$295 Residents & Fellows (In training with a letter from program director)

\$295 Other Health Professionals

Enclosed is a check or money order made payable to Columbia University.

Checks must be in U.S. Dollars drawn on a U.S. bank. Money Orders must be in U.S. Dollars.

Please charge to:  MasterCard  Visa Exp. Date \_\_\_\_\_

Card Number \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

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**Transportation** I will  will not  utilize the bus service.

**How did you learn of this course?**  Mailed Brochure  Word of Mouth

Journal/Newsletter; specify \_\_\_\_\_

Posted Announcement; location \_\_\_\_\_

Other; specify \_\_\_\_\_

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