

# Lower Extremity:

## ARTHROSCOPY TO ARTHROPLASTY

**Saturday, May 20, 2006**

### COURSE DIRECTORS

#### **William N. Levine, MD**

Vice Chairman, Associate Professor of Clinical Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons

Director, Sports Medicine

Associate Director, Center for Shoulder, Elbow and Sports Medicine,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

#### **Christopher S. Ahmad, MD**

Assistant Professor of Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons  
Center for Shoulder, Elbow and Sports Medicine,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

### FACULTY

#### **Theodore A. Blaine, MD**

Assistant Professor of Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons  
Associate Director, Center for Shoulder, Elbow, and Sports Medicine,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

#### **Jeffrey Geller, MD**

Assistant Professor of Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons  
Center for Hip and Knee Replacement,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

#### **Justin Greisberg, MD**

Assistant Professor of Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons  
Foot and Ankle,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

#### **William Macaulay, MD**

Associate Professor of Orthopaedic Surgery,  
Columbia University College of Physicians and Surgeons  
Director, Center for Hip and Knee Replacement,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

#### **Vincent Perez, PT**

Director, Columbia Orthopaedics Sports Therapy,  
NewYork-Presbyterian Hospital/  
Columbia University Medical Center

### PROGRAM DESCRIPTION AND OBJECTIVES

This course is intended for physical therapists, sports medicine/hip and knee specialists and physicians who care for patients and wish to update their knowledge on recent orthopaedic and physical therapy advancements. The course will provide an overview of common lower extremity disorders including hip, knee, and ankle problems.

An update on the evaluation and management techniques of these disorders will be presented. Current controversies involving treatment strategies will be focused upon. Finally, complex factors that require physical therapy modifications including patient specific activities, pathologies, and surgical techniques will be emphasized.

### PROGRAM

7:25 am **REGISTRATION:** Continental Breakfast

7:55 am **WELCOME:**  
**William N. Levine, MD**

#### ARTHROSCOPY UPDATE—KNEE

**MODERATOR: William N. Levine, MD**

8:00 am PHYSICAL EXAM AND ON FIELD ASSESSMENT OF LOWER EXTREMITY INJURIES:  
**Theodore A. Blaine, MD**

8:15 am CHONDRAL INJURIES OF THE KNEE—WHAT TO DO IN 2006?:  
**William N. Levine, MD**

8:30 am OPERATIVE TREATMENT OF THE PATELLOFEMORAL JOINT:  
**Christopher S. Ahmad, MD**

8:45 am ACL GRAFT CHOICES IN 2006—WHY I LIKE HAMSTRING AND RESULTS:  
**William N. Levine, MD**

8:55 am ACL RECONSTRUCTION FAILURES: WHEN AND WHY THEY OCCUR:  
**Christopher S. Ahmad, MD**

9:10 am NEW APPROACHES FOR PATELLOFEMORAL REHABILITATION:  
**Vincent Perez, PT**

9:25 am **DISCUSSION; Q & A**

#### ARTHROSCOPY UPDATE—LOWER EXTREMITY

**MODERATOR: Christopher S. Ahmad, MD**

9:40 am HIP ARTHROSCOPY 2006—UPDATE:  
**Christopher S. Ahmad, MD**

9:55 am KNEE ARTHROSCOPY IN THE OLDER PATIENT—DECISION MAKING PRIOR TO TKA:  
**Jeffrey Geller, MD**

10:10 am ANKLE ARTHROSCOPY 2006—INDICATIONS, TECHNIQUE:  
**Justin Greisberg, MD**

10:25 am REHABILITATION AFTER HIP AND ANKLE ARTHROSCOPY:  
**Vincent Perez, PT**

10:45 am **DISCUSSION; Q & A**

10:55 am **REFRESHMENTS**

#### LOWER EXTREMITY ARTHROPLASTY UPDATE

**MODERATOR: William Macaulay, MD**

11:15 am WHAT'S NEW IN TOTAL HIP ARTHROPLASTY: BEARING SURFACES, FIXATION AND RESURFACING:  
**William Macaulay, MD**

11:30 am MY APPROACH TO UNI-CONDYLAR AND TOTAL KNEE ARTHROPLASTY:  
**Jeffrey Geller, MD**

11:45 am MINIMALLY INVASIVE TOTAL HIP POINT/COUNTERPOINT REALLY BAD IDEA: **William Macaulay, MD**  
REALLY GOOD IDEA: **Jeffrey Geller, MD**

12:00 pm TOTAL ANKLE ARTHROPLASTY: STATE OF THE ART IN 2006:  
**Justin Greisberg, MD**

12:20 pm **ADJOURN**

### ACCREDITATION

The College of Physicians and Surgeons of Columbia University is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The College of Physicians and Surgeons of Columbia University designates this educational activity for a maximum of 4 AMA PRA™ Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This program has been planned and produced in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME).

### FACULTY DISCLOSURE


The College of Physicians and Surgeons of Columbia University must ensure balance, independence, objectivity, and scientific rigor in its educational activities. All faculty participating in this activity are required to disclose to the audience any significant financial interest and/or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in his/her presentation and/or the commercial contributor(s) of this activity.



**NewYork-Presbyterian Hospital**  
 Columbia University Medical Center  
 Department of Orthopaedic Surgery  
 622 West 168TH Street  
 New York, New York 10032

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## ARTHROSCOPY TO ARTHROPLASTY

 **COLUMBIA UNIVERSITY**  
*College of Physicians  
 and Surgeons*

**Saturday, May 20, 2006  
 7:25AM-12:20PM**

**The Grand Hyatt New York  
 New York City**

 **NewYork-Presbyterian**  
 The University Hospital of Columbia and Cornell

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As one of the most comprehensive hospitals in the New York area and in the nation, NewYork-Presbyterian Hospital and its affiliated medical schools, Columbia University College of Physicians and Surgeons and Weill Medical College of Cornell University, are recognized for state-of-the-art diagnosis, treatment, and research in all specialties and subspecialties.

Columbia University and NewYork-Presbyterian Hospital have a rich tradition in orthopaedic surgery dating back to 1866 when the New York Orthopaedic Dispensary opened its doors. Since that time, NewYork-Presbyterian/Columbia Orthopaedics has grown into a preeminent institution for quality patient care, research, and education. Many of the leaders in orthopaedic surgery throughout the United States and abroad have trained here.

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## ARTHROSCOPY TO ARTHROPLASTY

### TUITION:

Tuition includes registration and course materials, breakfast and refreshments.

**REFUND POLICY:** A handling fee of \$20 is deducted for cancellation. Refund request must be received by mail one week prior to the course.  
 No refund will be made thereafter.

### TO REGISTER:

Register ONLINE at [www.columbiaortho.org](http://www.columbiaortho.org)  
 or CALL tollfree 1-866-697-7755  
 or FILL OUT and mail this registration card.

**DATE AND TIME:** Saturday, May 20, 2006  
 7:25AM-12:20PM

**LOCATION:** The Grand Hyatt New York  
 42nd Street and Lexington Avenue, New York, NY

**FEES:** Conference \$ 100.

**Yes, I would like to attend.** (PLEASE PRINT ALL INFORMATION BELOW)

LAST NAME: \_\_\_\_\_ FIRST: \_\_\_\_\_

DEGREE: \_\_\_\_\_ SPECIALTY: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

DAYTIME TELEPHONE: \_\_\_\_\_

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