



Diagnosis

Your doctor will X-ray both of your hips to determine exactly where the bone broke and how far out of place the pieces have moved. If the fracture does not show up on X-rays, you might also get a MRI (magnetic resonance imaging) scan. Most hip fractures are one of two types:

- Femoral neck fractures are 1-2 inches from the joint.
- Intertrochanteric fractures are 3-4 inches from the joint.



BENEFITS OF THIS SERVICE

1. Convenience & personalized attention of a community hospital with the expertise of a world renowned physician faculty & medical center.
2. Dedicated team of experts who can assist you in your healthy recovery and improve your return to normal functioning more rapidly.
3. Access to innovative & novel treatments through clinical trials.
4. Ongoing communication with your referring physician and assistance in care coordination.

NEWYORK-PRESBYTERIAN HOSPITAL/THE ALLEN PAVILION

The Allen Pavilion is a 212-bed community hospital located in the northern tip of Manhattan. As one of five centers that comprise NewYork-Presbyterian Hospital, The Allen Pavilion combines the convenience and individual attention of a community hospital with the expertise of a world-renowned academic medical center. All of the physicians on staff of The Allen Pavilion are on the faculty of Columbia University College of Physicians and Surgeons. NewYork-Presbyterian Hospital ranks overall as the nation's sixth top hospital and is the only hospital in the tri-state area to be included in the exclusive national "Honor Roll" by *U.S. News & World Report* in its "America's Best Hospitals" survey.

Hip Fracture Service

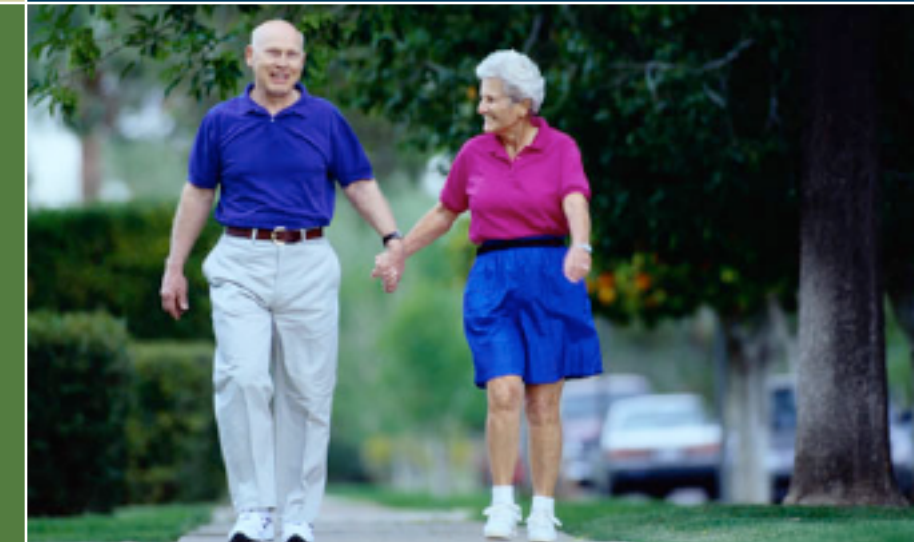
c/o Division of Geriatric Medicine & Aging

NewYork-Presbyterian Hospital/The Allen Pavilion
5141 Broadway at 220th Street
New York, NY 10034

The Allen Pavilion
of NewYork-Presbyterian Hospital

Hip Fracture Service

An Interdisciplinary Program of Orthopedics,
Hospitalist Medicine, Geriatric Medicine and Anesthesia





Who to Call if You Need Hip Fracture Care?



What is a broken hip?

Hip fractures are breaks in the thighbone just below the hip joint. Most require hospitalization and surgery.

How serious is a broken hip?

Although modern orthopedic care and surgical technology assist satisfactory bone healing, most hip fracture patients require rehabilitation. Most hip fracture patients who previously lived independently will require assistance from their family or home care.

More than half of hip fracture patients 65 and older are discharged or transferred from hospitals to acute rehab or subacute rehabilitation (e.g. long-term care facilities.) All hip fracture patients require walking aids for several months after injury, and nearly half will permanently require canes or walkers to move around their house or outdoors.

Surgery and early mobilization

Modern treatment for a hip fracture aims to get you back on your feet again as soon as possible while your broken bone heals. (Treatment may vary for certain elderly people who were already bedridden, have other complicated medical conditions and are not in much pain.) Your doctor will reposition the fracture and hold it in place with an internal device.

- Femoral neck fracture: Pins (surgical screws) are used if you are if your broken bone has not moved much out of place. If your fracture is more displaced, you may need a high strength metal device that partially or fully replaces the hip joint, based on your age, your bone density or your activity level.
- Intertrochanteric fracture: A metallic device (compression screw and side plate or metal rod that stabilizes the inside of the bone) holds the broken bone in place while it lets the head of your femur move normally in your hip socket.

Hip Fracture Service (HFS)

The Hip Fracture Service of the Allen Pavilion is an integrated program co-lead by a team of hospitalists, geriatricians, and orthopedic surgeons to provide well-rounded and comprehensive care to our patients. Each patient is given individualized and customized care based on their particular needs to ensure the utmost quality of care is achieved.

Hip Fracture Service of the Allen Pavilion

Phone:
212-932-5218 or
212-305-5880 x 84558

Address:
The Allen Pavilion
5141 Broadway at 220th Street
New York, NY 10034

www.nyp.org/allenpavilion/geriatrics

group shot of the team or individual portraits?

Members of the Hip Fracture Service

- Beth Baron, MD - Director
- Evelyn Granieri, MD - Geriatrician
- Shelly Dubin, GNP
- Charlie Cain, MD - Anesthesia
- Jeffrey Geller, MD - Orthopedics
- Mathew Maurer, MD - Geriatric Cardiology
- Tom Sedgewick, SW