

## Clients' Feelings about their Counselors Scale

### Instructions:

After reading each statement, please circle the response you think your clients would give overall regarding your interactions with them.

For example:

**My counselor is able to say just the right thing to make me feel better.**  
Never.....Sometimes.....Always

**1) My counselor seems to take a personal interest in me.**  
Never.....Sometimes.....Always

**2) My counselor asks for my opinion when making decisions.**  
Never.....Sometimes.....Always

**3) I bring up personal problems to my counselor.**  
Never.....Sometimes.....Always

**4) My counselor asks about my family.**  
Never.....Sometimes.....Always

**5) Even when my problem is small, my counselor is concerned.**  
Never.....Sometimes.....Always

**6) My counselor explains things so I understand.**  
Never.....Sometimes.....Always

**7) I trust my counselor.**  
Never.....Sometimes.....Always

**8) I am treated like a "number" by my counselor.**  
Never.....Sometimes.....Always

**9) I don't bring up certain things because my counselor will think I'm stupid.**  
Never.....Sometimes.....Always

**10) My counselor is concerned when something is bothering me.**  
Never.....Sometimes.....Always

**11) My counselor asks about conditions at home and work (if appropriate).**  
Never.....Sometimes.....Always

**12) My counselor seems to understand my feelings.**  
Never.....Sometimes.....Always

**13) My counselor seems hurried.**  
Never.....Sometimes.....Always

**14) Every time I see my counselor, it seems that s/he does not remember me.**  
Never.....Sometimes.....Always

- 15) My counselor is able to put “her or himself in my shoes.”**  
Never.....Sometimes.....Always
- 16) I have confidence in my counselor’s decisions.**  
Never.....Sometimes.....Always
- 17) My counselor cares about me.**  
Never.....Sometimes.....Always
- 18) My counselor respects my beliefs.**  
Never.....Sometimes.....Always
- 19) I talk to my counselor if something is troubling me.**  
Never.....Sometimes.....Always
- 20) My counselor takes an interest in my home life.**  
Never.....Sometimes.....Always
- 21) My counselor is easy to talk to.**  
Never.....Sometimes.....Always
- 22) My counselor is skilled and well-informed.**  
Never.....Sometimes.....Always
- 23) My counselor shows warmth and compassion.**  
Never.....Sometimes.....Always
- 24) My counselor seems to know what I am going through when I tell her/him about a problem.**  
Never.....Sometimes.....Always

Adapted from Hauck FR, Zyzanski SJ, Alemagno SA, et al. Patient perceptions of humanism in physicians: Effects on positive health behaviors. *Fam Med.* 1990;22:447-452.